

Beginner's Garter Edge Mitts

I love fingerless mitts. When I learned to knit, they were the first project I finished, and they quickly became a staple in my wardrobe for the long fall, winter, and spring seasons in Duluth, MN. I knit these fingerless mitts because I needed an easy but not too boring project that I could use to teach beginning knitters. Knit flat and seamed, the beginner will practice casting on, the knit stitch, the purl stitch, and binding off.



Materials:

Any worsted weight yarn
Size 8 needles
Darning needle or tapestry needle

Directions:

Cast on 28 stitches, leaving a 12" tail of yarn.

Rows 1-6: Knit. The fabric created by knitting all rows like this is called garter stitch.

Row 7 (RS, or right side): Knit.

Row 8 (WS, or wrong side): Purl.

The fabric created by alternating knit and purl rows is called stockinette stitch.

Continue in stockinette stitch until the piece measures 7", or as longer if you prefer longer mitts.

Beginning on a RS row, knit 6 more rows.

Bind off leaving a 12" tail.

Seaming:

It is recommended to block the piece before seaming. Blocking will even out the stitches and help the piece lay flat, so seaming will be easier. To block, wet the piece in room temperature water and squeeze excess moisture out with a towel. Lay flat and straighten piece out to dry.

Using tail of yarn from cast on, seam the two sides together for 1.75 inches. Secure last stitch in seam by running yarn through it once more. Weave in remaining yarn and trim.

Using tail of yarn from bind off, seam beginning on other end of work. Seam until opening between the two seams (thumbhole) is about 1.75" wide. Try the mitt on and test size of thumbhole to adjust it to your preference. Secure last stitch in seam by running yarn through it again, weave in end and trim.